



Action was what South Wight Area Youth's (SWAY) residential in the Lake District was all about. It was a packed few days in late August for the 17 young people and 6 leaders headed for Rydal Hall, Ambleside for a 4 day stay. All agreed it was a great way to finish the summer.

After long hours travelling up from the Island, a gentle 5 km evening walk around Rydal Water loosened everyone up despite finishing in complete darkness. The first full day was hot for the climb up Helm Crag followed by another 5 km walk to find the awesome Cathedral Cave where the young people enjoyed the coolness of the cave and the excitement of the dark tunnel.

The Second day was full of enthusiasm and energy with activities such as canoeing on Derwent water and scrambling down Stonycroft Beck but not so much the next day with the climb to Dove Crag, until they reached to top and appreciated the awesome views.

Throughout the stay a variety of themes and talks made for good conversations over meal tables or walking up mountains and there was a good buzz throughout the trip with some quality karaoke from minibus to minibus especially on the journey home.

SWAY would like to thank Wightaid and the Police commissioner fund for the grants towards the trip and all our supporters and funders. 18 young people had fun and an experience that will impact on their lives and 6 leaders have memories of a safe and happy residential. Here's to next year's trip.

For more information about SWAY or the trip go to [www.southwightyouth.org](http://www.southwightyouth.org)



Photographs available separately